

"City of Miami Gardens Senior Gaming"



The City of Miami Gardens Parks and Recreation Department is now offering games for Seniors every Monday, Wednesday, and Thursday at your neighborhood park.

At any age, playing games is healthy for the mind and body. Studies have shown that playing games may help prevent Alzheimer's disease and dementia. So, come out and enjoy playing your favorite games with your friends in the community.



It is **ABSOLUTELY Free!!!**

Begins April 30, 2012

Monday

A.J. King Park

4230 NW 178 Street

11:00 a.m. — 1:30 p.m.

BINGO

Bid Whist



Wednesday

Scott Park

17710 NW 15 Court

11:00 a.m. — 1:30 p.m.

Spades

Po-Keno



Thursday

Miami Carol City Park

18500 NW 32 Avenue

11:00 a.m. — 1:30 p.m.

Dominoes

Chess or Checkers

Horseshoes



For additional information, please contact Kevin Yearby, Recreation Supervisor at (786) 279-1228.